

GLENCORRIB & SHRULE PARISH NEWSLETTER

SUNDAY 25th OCTOBER 2015

St. Joseph's Church, Shrule & Church of the Immaculate Conception, Glencorrib

Fr. Vivian Loughrey, Parochial House, Shrule, Co. Mayo. H91, V2FK. ☎ 085 8828578

NEWSLETTER: Text / ☎ 086 3782156 Email: glencorrib@eircom.net

Newsletter on Web: www.mayo.ie or <https://sites.google.com/site/glencorribparish/home>

THIRTIETH SUNDAY IN ORDINARY TIME: MASS DATES, TIMES & INTENTIONS

ST. JOSEPH'S CHURCH, SHRULE

Sat	24 th Oct	8.00 pm	Danny Coyle , Dalgan	5 th Anniv
Sun	25 th Oct	11.00 am	Bernard McCarthy , Dalgan	19 th Anniv
Mon	26 th Oct	9.30 am	Private Intention	
Tue	27 th Oct	9.30 am	Thomas Meenaghan and the deceased members of the Meenaghan family, Churchpark	43 rd Anniv deceased
Wed	28 th Oct	9.30 am	Nell Higgins , Dalgan Rd	14 th Anniv
Thu	29 th Oct	9.30 am	Private Intention	
Fri	30 th Oct	7.00 pm	Adoration of the Blessed Sacrament till 7.55pm	
		8.00 pm	John & Mary Sheridan , Mocollogan	28 th & 10 th Anniv
Sat	31 st Oct	8.00 pm	Peter Golden and deceased family members, Ballymartin	Anniv & deceased
Sun	1 st Nov	11.00 am	Edward & Ellen Ryan , Dalgan	43 rd & 28 th Anniv

CHURCH OF THE IMMACULATE CONCEPTION, GLENCORRIB

Sat	24 th Oct	7.00 pm	Mary Geraghty , Corrinreedra	11 th Anniv
Sun	25 th Oct	10.00 am	Lil & William Grogan , Cahir Aird/Dublin	1 st & 21 st Anniv
Mon	26 th Oct	10.00 am	Communion Service	
Tue	27 th Oct	9.30 am	Communion Service	
Wed	28 th Oct	10.00 am	Special Intention	
Thu	29 th Oct	9.30 am	Communion Service	
Fri	30 th Oct	6.00 pm	Adoration of the Blessed Sacrament till 6.55pm	
		7.00 pm	Dominick Garvey , Kilroe	15 th Anniv
Sat	31 st Oct	7.00 pm	Bill Donoghue , Glencorrib & Ballynalty	12 th Anniv
Sun	1 st Nov	10.00 am	Patsy Kenny , Moyne	Recently deceased

AUTUMN DUES ENVELOPES: Autumn Dues Envelopes are now been distributed, but if you have forgotten or not received an envelope; there are available at the church entrance. Thank you for your support and generosity.

What are the Autumn Dues Envelopes? The autumn due envelopes along with Christmas, Easter and Summer due envelopes pay the salary of the priest of the parish and contribute to the support of retired clergy, clergy working in offices and clergy in deprived areas. The current salary for a priest in the diocese is €1,400 per calendar month.

What is the Weekly Offertory Collection for then? It is a common misunderstanding that the weekly offertory collection is for the priest. In actually fact, the weekly offertory collection is for the running and upkeep of the parish – it does not form any part of the priest's income or salary. The priest salary is funded from the parish dues while any surplus contributes to support of other diocesan clergy.

November Masses for the Holy Souls: Along with the Autumn Dues Envelopes, envelopes for the Masses for the Holy Souls were also. If you have forgotten or not received an envelope; there are available at the church entrance. Envelopes may have been distributed without an insert for names; inserts are available at Church entrances. Returned envelopes may be put in boxes located on the altar railings at both churches.



ALTAR SOCIETY / CLEANING ROTA meeting for **Glencorrib Church** on **Monday 26th October @ 8pm** and for **Shrulle Church** on **Tuesday 27th October @ 8pm**. **New members are very welcome.**



RETIREMENT PRESENTATION

For **Fr. Michael Crosby** from the people of the Shrule Chapel area will be held in **Shrule Community Centre** on **Sunday afternoon 15th November @ 3.30pm.** All are welcome.

SHRULE VILLAGE ENHANCEMENT

are holding a Church gate collection At Shrule Church next weekend

Saturday 31st October and Sunday 1st November. Please support



IRISH HEART FOUNDATION

is holding a church gate collection in Glencorrib next weekend, **Saturday 31st Oct and Sunday 1st Nov.**



IRISH HEART FOUNDATION

PARISH NEWS

St. Joseph's Church – New Circulation Pump: We are hoping to resolved the heating of the radiators – it was pointed out to me by two engineers and plumbers that while the boiler for the church was appropriate, the circulation pump was not. This has been now replaced and hopefully all the radiators now will be equally hot – I hope I can say now *"Please be careful, the radiators in the church are hot to touch"*.

Additional small changes: People may have noticed some changes in the church already such as the candelabra, the gates at the front of the Church, the potted plants; the cleaned up church ware and the graves of the clergy buried on the church grounds. Any changes are made with the intention of prevention (rusting gates sandblasted and painted; church ware restored) and to enhance the church environment. Another issue that hopefully will be resolved in the next few weeks concerns the sacristy. There is a serious issue of smell of dampness in the sacristy and dampness around the north facing wall. This has been largely removed and the damp smell is reduced considerable. Also, work to make the sacristy more functional for people such as altar servers, cleaners, and for the general public will be completed in the next few weeks. The different concerns and possible solutions to resolving the issues of dampness and heating the church is a complex issue and will take thought, time, consultation and planning. While the new circulation pump and other small changes do not contribute to solving the major issues of dampness or heating the church by themselves; they are aimed to contribute by not allowing further deterioration of parish property and to enhance the church environment and comfort for people.

Church of the Immaculate Conception: The condition and state of the church is good; and does not need any immediate or urgent work. There is good insulation and a new roof in place. Small changes are been carried out such as new candelabra, potted plants and restoring church ware. It is hoped it will be possible to move the altar servers to the sacristy at the same time it occurs in Shrule.

Glencorrib Radio Mass 101.4fm: A radio broadcasting system has been installed at Glencorrib church. It is now possible to listen to scheduled Masses from Glencorrib Church on any standard radio tuned into 101.4 fm within a 3 mile radius. This service is provided for anyone homebound and unable to come to Mass. This coming week from 25th to the November 1st a religious CD will be played to help people tune their radios. If a family member is attending and would like to organize bringing the Eucharist to the person at home, please contact the parish. It is planned to have a similar system in Shrule church shortly.

Conclusion: I appreciate people bringing my attention to various things and possible solutions. The fact I have not done anything or responded is primarily the above among other things has keep me occupied. I am aware this update does not cover many things in the parish. I hope over time that it will be possible to cover them and keep you updated as issues and concerns are brought to my attention. If anyone has any questions or concerns, please make me aware of them and I will answer them as best I can.

Thank you for your patience and time. Fr. Vivian

PLEASE REMEMBER WITH A PRAYER THOSE FROM SHRULE PARISH WHO DIED ON THIS WEEK IN FORMER YEARS



Surname	Christian	Village	Date Died	Age	Cemetery
Greaney	Norah	Ramolin	24/10/1929	78	Shrule
Murphy	Patrick	Dalgan	24/10/1987		Shrule
Murphy	Patrick	Ballybockagh	24/10/1988	77	Shrule
Cahill	John	Cloonbanane	25/10/1935	61	Shrule
Higgins	Brigid	Dalgan	25/10/1944	91	Shrule
Dooley	Peter	Cullagh	25/10/1958	81	Cloughanover
Frehan	Sr. Mary David	Shrule	25/10/1986	64	Boston
Donohue	Thomas	Shrule	27/10/1917	58	Shrule
Carroll	Ellen	Cnocfada	27/10/1934	85	Shrule
Conroy	Josephine	Kille	27/10/1985	83	Shrule
Gallagher	James	Shrule	28/10/1945	76	Shrule
Casey	Brigid	Shrule	28/10/1958	85	Shrule
O'Dea	John	Dalgan	28/10/1968	80	Shrule
Kavanagh	Martin	Shrule	29/10/1976	89	Shrule
Lindeman	Elizabeth	Cloonbanane	30/10/1978	39	Donaghpatrick
Nolan	Mary	Cloonbanane	01/11/1937	83	Shrule
Devanney	John (Jnr)	Cahernabruck	01/11/1967	50	Shrule
Tedders	Bernard	Dun Laoghaire	01/11/1989	61	Shrule

HALLOWEEN DISCO SEE DETAILS FOR TEMPLE STREET CHILDREN

That SPOOKY day is drawing near its HALLOWEEN kids. Come celebrate right here. We'll play game galore for prizes & treats. There will be eyeballs & worms for all of you to eat. So come one, Come all... It's gonna be a Ball. BE THERE OR BEWARE!
 Children's Halloween Disco, **Shrule Community Centre, Friday 30th October. Time: 6-8pm.** All proceeds go to Temple Street children's hospital

AUTISM:
 Collected **€315.44** at St Joseph's Church Shrule last weekend we wish to thank everyone for their support.

CEILE
 in Shrule Community Centre on Saturday night 31st October. Music with Matt Cunnningham and his band all are welcome

TEAM HOPE SHOEBOXES



Just imagine being able to send a Christmas Shoebox directly into the hands of a needy boy or girl in Africa or Eastern Europe this Christmas. Team Hope will make it happen for you. Choosing the neediest children, your shoebox shows them that God cares for them and brings a little hope with a lot of excitement and laughter. For those who wish to take part, there are leaflets at the back of the church, take one and follow the instructions. You can leave your shoe box at the Altar rails for collection any time between now and early November. Thank you. For further information ☎ Rita on 087-9325022. *Thank you for your continued annual support.*

A LITTLE BIT OF HUMOUR:
Turbulent Times

A plane hit a patch of severe turbulence and the passengers were holding on tight as it rocked and reeled through the night. A little old lady turned to a minister who was sitting behind her and said, "You're a man of God. Can't you do something about this?" He replied, "Sorry, I can't. I'm in sales, not management."

SOME OTHER ITEMS OF INTEREST details online version

- A HSE **STRESS CONTROL COURSE** ☎ 0906-665020
- **EDEN PROGRAMME** for those contemplating suicide. ☎ 091 587666
- **FAMILY FOCUS GROUP:** Trying to cope with an alcohol addiction or know a friend who is. Totally confidential. ☎ Debbie 087 6955557



Summer time ends this weekend Sunday 25th October @ 2.00 am.
 Please put clocks **BACK ONE HOUR** by end of Saturday night

"Forgiveness does not change the past, but it does enlarge the future." Boese

PLEASE REMEMBER WITH A PRAYER THOSE FROM GLENCORRIB PARISH WHO DIED ON THIS WEEK IN FORMER YEARS



Surname	Christian	Village	Date Died	Age	Cemetery
Keville	Michael	Moyne	24/10/1935	84	Moyne
Moran	John	Glencorrib	24/10/1955	55	Bilypark
Daly	Julia	Polbee	25/10/1944	85	Donaghpatrick
Daly	Julia	Polbee	25/10/1944	85	Donaghpatrick
Noone	Evelyn	Tubbersharave	26/10/1940	86	Shrule
Madden	Thomas	Ballynalty	26/10/1970	94	Killursa
Hughes	Anthony	Mochorra	26/10/1975	72	Shrule
Murphy	Patrick	Gorthatubber	29/10/1921	84	Cong
Butler	John	Gortbrack	29/10/1971	87	Killursa
Flood	Thomas	Ballynalty	29/10/2003	87	Cross
Synott	Mary	Ballynalty	30/10/1922	80	Killursa
Murphy	Brigid	Glencorrib	31/10/1930	19	Shrule
Hennelly	Catherine	Glencorrib	31/10/1965	89	Killursa
Garvey	John	Toorard	31/10/1966	75	Moyne
Donoghue	William (Bill)	Glencorrib	31/10/2003	83	Moyne
Biggins	Patrick	Rostaff	01/11/1916	75	Moyne
O'Sullivan	Edward	Parks	01/11/1926	90	Killursa
Garvey	Dominick	Kilroe	01/11/2000	75	Killursa

GLEN ACTIVE

Meets every Tuesday morning in Glencorrib Community Centre.

10:30am to 11:15am:

Computer Class: Anyone interested in learning or needing some tutoring are welcome.

11.15am to 11.30.

The important cuppa tea

11:30 to 12:15:

Go for Life Fitness class.

GLENCORRIB CARD GAME

continues in Glencorrib Community Centre every **Wednesday @ 8.30pm.**

All previous card players are welcome back & new members are very welcome too.

ROSE DOOLEY SHOTOKAN

NEW KARATE CLASS:

New Junior Karate classes (Age 4-7) in Glencorrib Community Centre. Starts **Tuesday 3rd November @ 6pm.** Booking essential.

☎ Rose 0868110650

Rose's classes for aged 7+ continues every Tuesday evening @ 6.30om

SHRULE-GLENCORRIB G.A.A. CLUB LOTTO RESULTS - 19th OCT 2015

Lotto numbers drawn: 05, 12, 26 and 27 - No Jackpot winner on 19/10/15.

Lucky Dip Winners €30: Cormac Garvey, Gortbrack & Derek Walsh, New York

Annual Subscribers Lucky Dip Winner €30: Pauric Hennelly, Glencorrib

Next Draw: Mon 26th Oct @ Highway Bar. Next week's jackpot is €9,200



SHRULE / GLENCORRIB GAA CLUB FIXTURES (Subject to change)

Sun 1st Nov @ 12.00 Senior League 1B Charlestown Sarsfields V Shrule/Glencorrib



COMPUTERS FOR FARMERS: Basic Computers, Internet and E-mail, gaining confidence in how to use Dept. of Agriculture online services. This course is free and no exams to do on completion of course! This course will suit anyone over 18 years of age, in full or part time employment. There is no need to have Leaving Certificate standard education. Castlebar & Claremorris. For more details please contact Mairtín on 087 1360694

GLENCORRIB CAR BOOT SALE has raised a total of €451 for Pieta House West House, Tuam. Many thanks for all the support and donations.

Due to shortage of space here, the online version of this newsletter contains Fr. Vivian's "Why we should pray for our dead", "World Cup Rugby post mortem and St. Peter", Solas FRC & Tacú FRC notes, Community Centre activities and extended notices etc.

NORMS TO GAIN INDULGENCES FOR THE HOLY SOULS

1. From 12noon on November 1st until midnight on 2nd November, all who have i) confessed, ii) received Holy Communion and iii) prayed for the Pope's intentions (one Our Father, one Hail Mary or any other prayer of one's choice) can gain one plenary indulgence for the souls of the departed by visiting a church and there reciting one Our Father and the Apostle's Creed.
2. The faithful who visit a cemetery and pray for the dead may gain a plenary indulgence for the Holy Souls on the usual conditions once per day from 1st to 8th November. The conditions mentioned above apply also to this.



SUMMER TIME ENDS THIS WEEKEND SUNDAY 25th OCTOBER @ 2.00 AM.

All services from and including Sunday 25th October will be by Winter Time. Please put clocks **BACK ONE HOUR** by end of Saturday night.

CONG FESTIVAL:

Thurs 22nd to Sat 31st October. Great schedule of events over the nine day period. As children will be out of school for their Halloween break at this time. Many activities, talks, walks as well as exhibitions. There is something to entertain all the family. Full details/updates

www.congfestival.ie

SHRULE COMMUNITY CENTRE – NEWS - To book: ☎ Noreen @ 087 3524096

- **CEILI CLASSES with Dell Maye** every Thursday @ 8.30pm. For more information ☎ Dell 087-7542740.
- **IRISH DANCING CLASSES with Anne Gibbons** every Monday afternoon @ 3.15pm and Thursday evening @ 5pm. ☎ Ann Gibbons 086-4059544
- **KRAV MAGA kids self defence classes with Aidan Foley.** Every Tuesday: 7 to 10 year olds: 5pm-6pm. 10 yrs plus: 6pm-7pm. For further info ☎ Aidan @ 087-6695056
- **SHRULE VINTAGE CLUB** meet on the 1st Tuesday of month. ☎ Bartley 086 8246671
- **PREMA YOGA:** Adult Classes: Tuesdays 11.00am-12.30pm and 8.00pm-9.30pm. Teenagers & Students (16-20 yr olds) Friday 7.00pm-8.15pm. ☎ Pauline 086-3907581.
- **DANCE ZONE** with Sandra Julian Mellette. Wednesdays @ 6pm. ☎ 087-2227395
- **SEWING CLASSES with Eileen Gibbons** every on Thursday evening from 7pm to 9pm. €15 per class. For more info ☎ Eileen (after 6pm) on 087-0515259.

A FREE STRESS CONTROL COURSE

run by the HSE Psychology Dept. starts on Tuesday, 3rd November in the Meyrick Hotel in Eyre Square. It runs for six Tuesday evenings from 7pm-8.30pm. For more information ☎ 0906-665020



G1 FAMILY FOCUS GROUP:

If you are concerned about, or trying to cope with, the drug or alcohol use of someone close to you, you can find confidential, safe and free encouragement and advice at the new G1 Family Focus Group. The G1 Family Focus Group will hold a public information session meet on Wednesday 11th November in the Menlo Hotel from 7 to 8 p.m. All are welcome. ☎ Debbie at 087 6955557. This group is supported by the Western Region Drugs Taskforce

FIRST HOLY COMMUNION CORNER: ARRIVING IN THE CHURCH

Usually when we come into God's house we bow our heads or go down on one knee. This is called 'genuflection'. It shows respect and love for Jesus. We genuflect or bow in front of the tabernacle, the special place where Jesus is present at all times. The tabernacle may be behind the altar or to one side of it. There will be a red light near the tabernacle, called the Sanctuary Lamp. This light tells us that Jesus, the Blessed Sacrament, is present inside. The Blessed Sacrament is another name for Jesus

"Always laugh when you can. It is a cheap medicine." – Lord Byron

TACÚ – BALLINROBE FAMILY RESOURCE CENTRE - ☎ 094 9542908

Bingo - Bingo - it's in the Parish Centre at 8:45pm. **No calls this week- SPECIAL SCARY HALLOWEEN BINGO- 2 x €100 Jackpots to go on the night.** Brilliant raffles prizes to be won for a BOO time!! Bring the kids- treats on the night!

Craftmates – Wednesdays 11am-1pm in the Maple Youth Centre- new craft group starting in Maple YC- making cards, sewing, shabby chic, season decorations, etc. Come in & share your talent & learn something new. €3. Contact 087 6485959 or 0874111343 for more info.

Alexander Technique- Intro session on Saturday the 31st of Oct at Tacú – 11am-noon. Course will be at Tacú the 5th of Nov from 6:45 to 8:15 pm on Thursday nights. Contact Michaela for more info 0877556558.

Are you interested in doing a practical, down to earth parenting course? Common Sense Parenting- a skill-based parenting programme where parents develop practical & effective techniques for behaviour -For Parents/Guardians of children/young people aged 6-16, 6-week programme, 10am-12noon starting on Monday, 2nd November 2015. At Tacu, €20 which covers all materials .Booking is essential call Kate on 087 2207143

SOLAS FAMILY RESOURCE CENTRE, HEADFORD. ☎ 093 36446 - NEWS

Halloween Costumes To Rent: Pop-Up Shop for one evening only Wednesday 28th October 6 – 8 pm in the Parish Hall Headford. Dress to impress for your Halloween Party call Solas @ 093-36446 for more information. All proceeds go to Solas Family Resource Centre to help with the continuation of our community services.

Rainbows Programme: Twelve week programme starting in November for children aged 5-12 who are grieving a death or separation or other painful transition. Places are limited to enrol your child call Solas @ 093-36446

Headford new art group starting in September weekly on Tuesday 7-.30 – 9.30 pm in St Fursa Parish Hall. Painting, Drawing, Charcoal, Pen and Ink, Drawing from still life, or working from chosen images. Landscape, Portrait, techniques of the old masters and the use and development of sketchbooks. Classes are small to ensure individual attention and technical assistance. Absolute Beginners welcome and those wanting to develop their skills further. For further information and to book your place, ☎ Selma @ 087-2757880.

Social Dance Classes every Tuesday in Parish Hall Headford. Dancing from 8pm – 11pm, learn to Jive, Waltz, Quickstep, Foxtrot and more. Great for fun and fitness, no partners required and only €10. ☎ Padraig Munroe 087-1812248 or email: p.thedancer@yahoo.com

Solas Resource Centre appeals for High end or Designer clothing:

If you have high end or designer clothing, bags and jewellery that are no longer making it out of the wardrobe please donate to Solas Resource Centre for our Pop up Shop! We are raising funds to support our community based projects and much relied upon services. The following are some of the programmes and services we provide Meals on Wheels, An Affordable Counselling Service, Care & Repair Service for the elderly, Rainbows Programme, Parenting Courses, computer courses for the over55's , Citizens Information (outreach service) MABS (outreach service) and a drop in information service with a vast array of leaflets and forms. Your support will be greatly appreciated. For further information call 093-36446.

Meals on Wheels: Would you like a hot nutritional meal cooked by the Anglers Rest Hotel delivered to your home five days a week, call Solas @ 093-36446.

G1 FAMILY FOCUS GROUP: If you are concerned about, or trying to cope with, the drug or alcohol use of someone close to you, you can find confidential, safe and free encouragement and advice at the new G1 Family Focus Group. The G1 Family Focus Group will hold a public information session meet on Wednesday 11th November in the Menlo Hotel from 7 to 8 p.m. All are welcome. The support group will commence the following week in the Pastoral Centre, Newtownsmith on Thursday 19th November. For more information on the public information session, contact Debbie at 087 6955557 or Cecily/Margaret at 085 111 5400 for times/dates when the group meets. This group is supported by the Western Region Drugs Taskforce.

We Pray for Our Dead – Why do we pray for our dead?

"If one member suffers in the body of Christ which is the Church, all members suffer with that member." 1 Corinthians 12:26

Many Christian traditions recall and celebrate the role and impact of loved ones when they die, but the tradition of praying for the deceased is something that is not found in all Christian traditions. The Catholic and the Orthodox Churches are two of the Christian churches that pray for the dead. Praying for our dead is the primary purpose behind the tradition of the *Funeral Mass* that we have attend so many times in our own.

The origin of the Funeral Mass dates back to the 4th century and St. Augustine's mother, St. Monica. When she was dying she made a request of her sons, *"Lay this body anywhere and do not let the care of it be a trouble to you... only this I ask: that you remember me at the Lord's altar, wherever you are"*.

The tradition of praying for our dead is based on Scripture, Doctrine and Tradition and practice of the Early Church. Within Scripture, in the Old Testament; prayers for the dead are mentioned in **2 Maccabees 12:43-45**. *"When Judas and his men came to take away the bodies of their fallen brethren for burial, they found under the coats of the slain ...idols of Jamnia which the Commandments forbid... so betaking themselves to prayer, they besought God, that the sin which had been committed be forgotten... they offered sacrifice for the sins of the dead"*. In the New Testament, in **2 Timothy 1:16-18**, it reads as follows, *"May the Lord show mercy to the household of Onesiphorus, because he often refreshed me and was not afraid of my chains. On the contrary, when he was in Rome, he searched hard for me until he found me. May the Lord grant that he will find mercy from the Lord on that day!"*

Two Church Fathers who pray for the dead are – **Tertullian d230** who mentions praying for the dead not as a concession to sentiment, but as a duty. **St. Augustine**, at the end of the ninth book of his *Confessions* prays for his deceased mother, Monica. The Doctrine of the Communion of Saints refers to the Catholic belief that those who have died while separated from us physically remain spiritually connected to us. **Death does not sever the bonds of communion since Christ conquered death with His Resurrection**. The Church holds that the **bond exists between the decease and living is a single reality through the communion of saints**. This belief is expressed for example in the Creed (Apostle's Creed – "the communion of saints") and the Eucharistic prayer (Eucharistic Prayer II – "remember our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face") said at Masses.

Other Christian traditions don't pray for the dead as they hold that when a person dies, a person either had fully accepted or fully rejected God, and that belief alone saves a person. The Catholic Christian tradition hold that belief in God is expressed in faith and works, as in James 2:18, "But someone will say, 'You have faith and I have works. Show me your faith without works and I will show you my faith by my works. A person may not have fully accepted God, as they like all humans have faults and weaknesses, yet at the same time, by examples of kindness and charity, they show love of neighbour. Our tradition holds it is possible to pray for those gone before us since **death does not destroy the bond** that exists between those alive and those who have gone before us (Luke 24:6, "he is not here, he is Risen"). The Church holds **we can assist those who have gone before us** similar to our supporting our fellow brothers and sisters in this world with prayer and acts of charity.

The intention behind prayer for the dead and acts of charity is for souls in Purgatory. **Purgatory is defined as the state of those who die in God's friendship, but are need of further growth so as to achieve the joy of heaven**. Examples of prayer and charity in action vary from consoling the family to assisting the family in the funeral preparation to fasting in the month of November to partaking in various liturgies especially in the celebration of the Mass. When we pray for the dead, **we ask God foremost to be merciful to them; to forgive them their sins, to welcome them into paradise and to comfort those in grief**. Our belief is that Christ is not deaf to our prayers for our loved ones, as He was not deaf to the needs of people while He walked the earth as found in the Gospels.

Fr. Vivian Loughrey

"You know you are on the road to success if you would do your job and not be paid for it."– Oprah

A WORD IN YOUR EAR with Fr. Dick Lyng. O.S.A.

The Rugby World Cup tournament is approaching its wonderful conclusion. Our dream may have died in the Millennium Stadium on Sunday last. But our interest is still alive and kicking! We were beaten fairly and squarely by a superior team. There was nothing unjust or unpalatable about our defeat. How different for Scotland! They were never given 'a snowball's chance in hell' of advancing beyond the first round in this competition.

They were reluctant recipients of the 'Wooden Spoon' in the Six Nations competition this year. Yet, they were leading the mighty Australia with a minute to go last Saturday.

A borderline penalty was given against them, which wasn't referred to the television referee for a second opinion, and they lost by a single point! Oh God, the pain of it!

In every sport-addicted sitting room and bar, the same conversation is afoot: 'The game's over for us. Why are you still watching?' The answer is, the chat, the banter. The 'Post Mortem' is half the fun. The chat often settles on blaming the referee. One pundit says, 'What we're looking for is consistency. Last week the ref didn't give a penalty; this time he did. We just need the same rules for everybody.' The other pundit says, 'Yes, what we need is common sense. Why follow the letter of the law? The ref should let the game flow and not blow the whistle all the time.'

What the pundits seldom realise is that they are expressing the two rival schools of ethics. One school is about right and wrong, about things being good or bad, regardless of circumstances. The other school is more nuanced; it's about outcomes – setting aside anxiety about right and wrong, and instead evaluating which course of action is likely to produce the most positive results.

What rugby, like many walks of life, is trying to do is introduce technology to ensure mistakes don't happen. So everyone on Sunday quickly agreed that the ref should have employed the technology to turn a borderline decision into a conclusive one. But it turns out the regulations state the technology can only be used in the case of try-scoring or foul play. So, to find the truth, the referee would have had to bend the rules himself!

A minute later, at the end of the game, the referee bolted off the field – as if in panic at what he'd done. However much moralists deliberate and pundits pronounce, we're all still fallible. Those who stayed watching for the 'Post Mortem' on Sunday last were rewarded with the extraordinary dignity of the Scots' coach and captain expressing sadness without blame.

Jesus was especially close to two of his followers: John seems to have had a special place in his heart. Meanwhile Peter was passionate but unreliable. Jesus chose to found the church on Peter – the one who made terrible mistakes, yet allowed those mistakes to be exposed and forgiven. No system of ethics, no code of rules or morality will stop us getting things wrong. No sophisticated technology can ultimately prevent us suffering the consequences of other people's mistakes. Life isn't about NOT making mistakes: it's about how we deal with them, as unwitting perpetrators, or as innocent victims.



**Work for a cause, not for applause.
Live life to express, not to impress.
Don't strive to make your presence
noticed just make your absence felt."**

Unknown

**"All our dreams can come true, if we have
the courage to pursue them." – Walt Disney**

**"Life is really simple, but we insist on
making it complicated." – Confucius**

**"We get so worried about
being pretty. Let's be pretty
kind. Pretty funny. Pretty
smart. Pretty strong."**

BRIEF DESCRIPTION OF THE EDEN PROGRAMME

Background information: The Eden Programme was developed by a charity called Suicide or Survive (SOS). This organisation was set up in 2003 to “challenge the stigma attached to mental illness and provide a range of educational and therapeutic programmes that increase understanding of suicide and play an active role in its prevention in Ireland” (Suicide or Survive, 2012). The Eden Programme was first run in 2007 and since that time approx. 10 programmes have been delivered in the east coast of Ireland. SOS, working in partnership with the HSE, would now like to make the programme available to people living in Galway and Mayo.

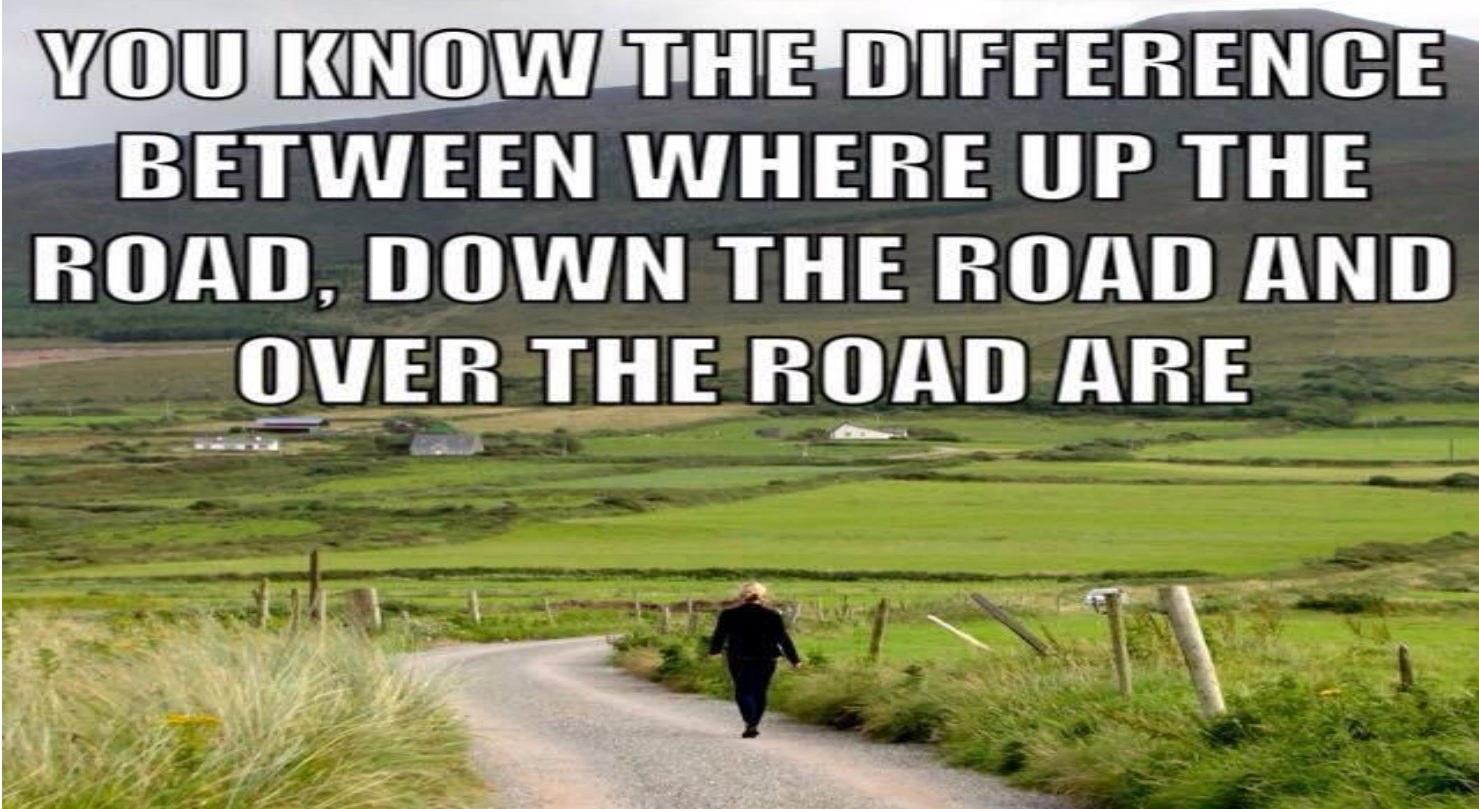
What is the Eden Programme? The Eden Programme is a 26 week closed group programme which is educational in nature with a therapeutic element. It runs for 3 hours one day per week. It is for people who have attempted or contemplated suicide. It aims to provide participants with an opportunity to explore their own experiences, develop their personal skills and source avenues of support and assistance. The programme is based on experiential learning, group discussion and the approach used is participant-centred.

Who Delivers the Programme? SOS developed two manuals setting out the content of the programme and also how best to deliver it. They would now like to licence the programme to the Adult Counselling Service HSE who will run it as part of their service, within defined quality assurance standards. As part of the licensing agreement between SOS and the HSE, SOS will run a Training for Trainers programme for facilitators. These facilitators will then deliver the Eden Programme to participants locally in Galway and Mayo. The programme is co-facilitated and guest speakers are invited to also present on specific relevant topics. An appropriately qualified and experienced external supervisor will provide monthly group supervision sessions to the facilitators.

Who can attend? The target audience is adults (i.e. those 18 years of age or older, with no upper age limit) who have attempted or contemplated suicide. It is offered to those who are open to attending a group, with the motivation to change. The learning around safe ways in which to recruit suitable participants have been carefully identified and documented in SOS’s training manuals.

Funding costs: The HSE National Office for Suicide Prevention and the HSE West Suicide Prevention Office are funding the delivery of this programme.

Evaluation: Dublin City University have published a fully independent evaluation of the programmes run by SOS on the east coast.

A photograph of a person walking away on a dirt road in a rural landscape. The road is paved and curves to the left. The person is wearing a dark jacket and is walking away from the camera. The background shows a green field, a fence, and hills in the distance. The text is overlaid on the image in large, bold, white letters with a black outline.

**YOU KNOW THE DIFFERENCE
BETWEEN WHERE UP THE
ROAD, DOWN THE ROAD AND
OVER THE ROAD ARE**